Children entering foster care often arrive with no belongings. D.A. Blodgett – St. John’s tries to give each child a care bag containing items they can immediately call their own upon moving into their foster home. The information below provides suggestions on how to organize care bags.

1. Please categorize by boy/girl and list size. (i.e. Girl, Size 7/8)
2. List the age. We help kids ages 0-17.
3. Choose to shop for a baby bag or a general care bag.

### Baby Bags
**Age 0-2 years; size 0-4T**

- Diapers (4 diapers, 2 pull-ups)
- Wipes
- Onesies (2)
- Bibs (2)
- Booties/Socks
- 2 Outfits (1 Summer/1 Winter)
- 2 Sleepers (1 Summer/1 Winter)
- Jacket
- Blanket (small/medium fleece preferred)
- Baby Bath
- Baby Lotion
- Washcloth
- Bottle (12 month & under)
- Pacifier (12 month & under)
- Nightlight
- Sippy Cup
- Diaper Cream (0-24 months)
- Toy (stuffed animals must be new with sewn eyes)
- Receiving Blanket

### Care Bags
**Age 2-17 years; size 5 and up**

- Sweatshirt
- T-shirt/Long-sleeve Shirt with Pants
- T-shirt & Shorts Set
- PJ’s (1 Summer/1 Winter)
- 4 Pairs of Socks (or package)
- 4 Pairs of Underwear (or package, older boys prefer boxers)
- A Backpack or Duffel Bag
- Blanket (small/medium fleece preferred)
- Small Age Appropriate Toy/Game/Stuffed Animal (stuffed animals must be new, with the tag)
- Books/Coloring Books
- Toiletries:
  - Mid-size Bottle of Shampoo
  - Soap
  - Comb/brush
  - Deodorant
  - Toothpaste/Toothbrush/Floss

If putting the shampoo in the backpack, please put it in a ziplock bag.